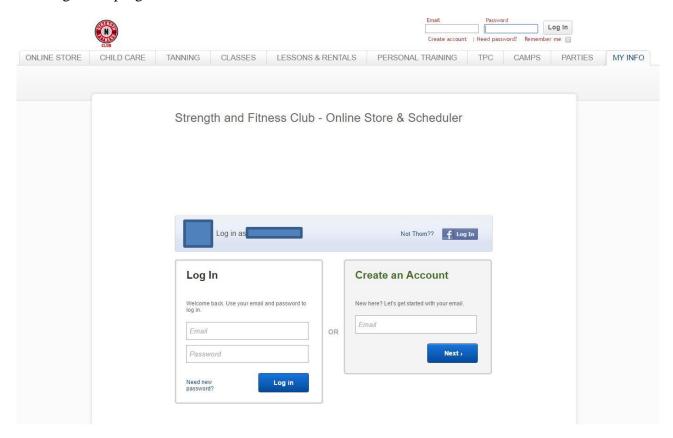


Strength and Fitness New Student Sign Up

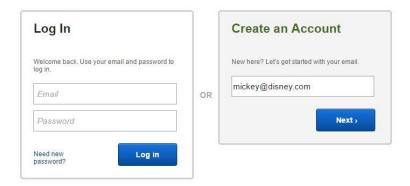
Welcome to Strength and Fitness new Online Scheduling System powered by MINDBODY!

This PDF is to help you walk through the process of logging into our new online scheduling program and student management program.

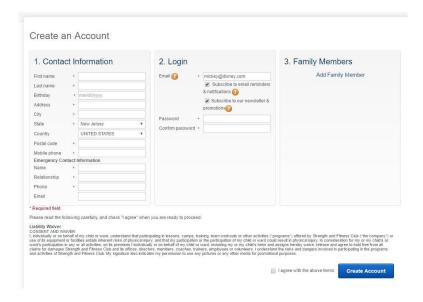


Most of you will be existing students. If your email is already in use and you do not have a password, please click on "Need new password?" If you do not have an email in the system, please do the following.

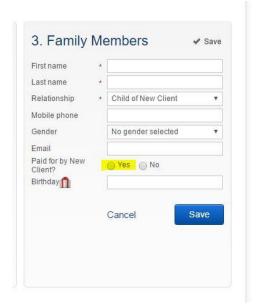
Type your email address in the Create an Account box.



Please fill out all required fields with your information.

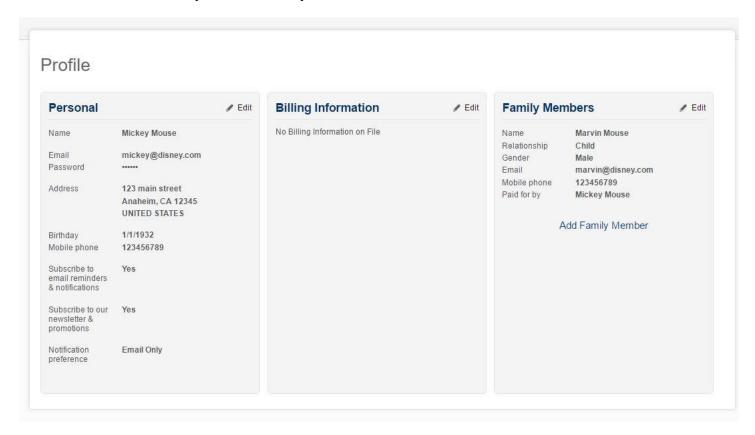


You will then add your children under the Family Members fields:



Please make sure that you select that the child is paid for by you!

Once you agree to the terms you can create your account. Don't worry if you forgot to add anyone, you will be able to add additional family members at any time.



You will now be able to sign up your children for any classes or camps by using the "enroll someone else up" in the sign in screens.

